

GETTING IT OFF YOUR CHEST

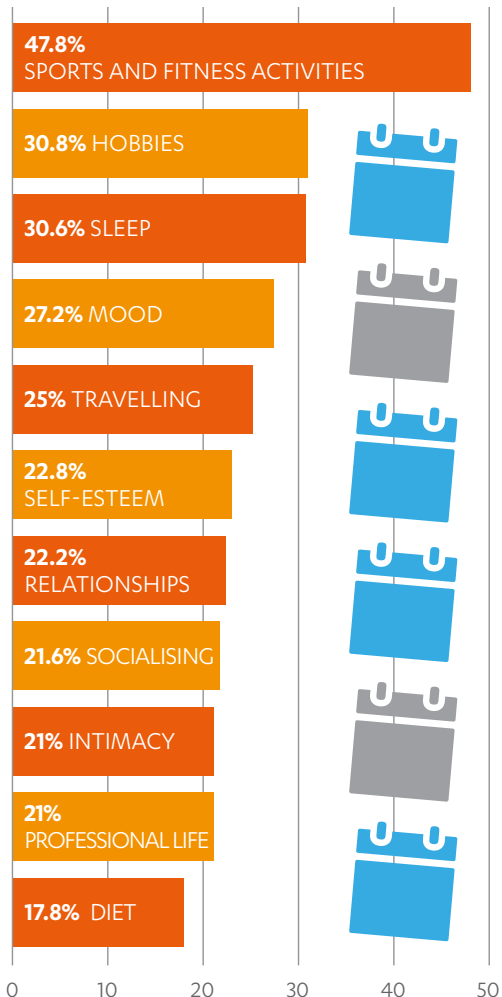
THE PSYCHOLOGICAL IMPACT OF ASTHMA

Results of a Chiesi Limited sponsored survey of 500 patients with asthma across the UK¹



DAY-TO-DAY IMPACT

AREAS IMPACTED BY ASTHMA ARE:



FEARS AND WORRIES

48.8%

WORRY THAT PEOPLE AROUND THEM DO NOT UNDERSTAND WHAT IT MEANS TO LIVE WITH ASTHMA



46.4%

FEEL SELF-CONSCIOUS WHEN THEY CAN'T PARTICIPATE IN CERTAIN ACTIVITIES DUE TO THEIR ASTHMA

33.6%

SAY THAT THE CONDITION HAS AN IMPACT ON THEIR STRESS LEVELS

37%

AGREE THAT THEIR ASTHMA MAKES THEM FEEL ANXIOUS

43.6%

SAY THAT THEIR ASTHMA MAKES THEIR LOVED ONES ANXIOUS TOO

ASTHMA AND MENTAL HEALTH

ASTHMA SYMPTOMS WORSEN FOR ALMOST HALF

48.6%

WHEN THEIR MOOD IS LOW



MANY HAVE BEEN DIAGNOSED WITH DEPRESSIVE DISORDERS

28.4%

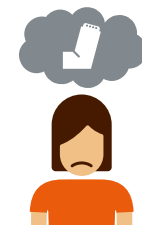
AND ANXIETY DISORDERS

30.8%

OF THE RESPONDENTS WHO HAD BEEN DIAGNOSED WITH MENTAL HEALTH DISORDERS:

47.8%

THINK THEIR MENTAL HEALTH CONDITION HAS WORSENED THEIR ASTHMA SYMPTOMS



32.3%

THINK THAT THEIR MENTAL HEALTH DISORDER WAS CAUSED BY THE BURDEN OF THEIR ASTHMA

PSYCHOLOGICAL SUPPORT

81.2% HAVE **NEVER** HAD A DISCUSSION WITH THEIR HEALTHCARE PROFESSIONAL ABOUT THE PSYCHOLOGICAL IMPACT OF THEIR CONDITION



77.4%

HAVE NEVER BEEN ASKED TO COMPLETE A SCREENING QUESTIONNAIRE REGARDING THEIR PSYCHOLOGICAL HEALTH



46.4%

WOULD FIND PSYCHOLOGICAL SUPPORT IN THEIR INTERACTIONS WITH HEALTHCARE PROFESSIONALS USEFUL, TO BETTER MANAGE THE EMOTIONAL IMPACT OF ASTHMA



REFERENCES

1. 'Getting it off your chest' - Asthma patients' perspective survey. N=500. Conducted by Opinion Health for Chiesi UK, April 2020

UK-RES-2000519 | July 2020
This survey was sponsored by Chiesi Limited